

FETAL ALCOHOL SPECTRUM DISORDER (FASD)

FASD is a medical diagnosis which describes the effects caused by alcohol use during pregnancy

FUNCTIONS OF THE BRAIN THAT CAN BE AFFECTED BY ALCOHOL USE DURING PREGNANCY ARE:

- Thinking and reasoning
- Memory
- Attention
- Language (understanding/ speaking)
- Academic skills (school/learning)
- Motor skills (balance/coordination/ printing)
- Executive functioning (planning/ organizing/impulse control)
- Social skills, social communication and adaptive behavior
- Brain structure/brain development
- Ability to control and adjust emotions
- Sensory processing (organizing and understanding sensation)

FASD FAMILY SUPPORT, EDUCATION AND COUNSELLING PROGRAM:

- Community and home based service delivery
- Information about FASD and the sensory needs of individuals
- Support in accessing an FASD assessment and other community based resources
- Assistance to improve housing, childcare, and daily living needs
- Work together with individuals, families and other systems (Education, CFS, Health, Justice, etc.) to improve outcomes for individuals with FASD
- Groups offered: Circle of Security parenting, Teen Life Skills groups, Parent Support group
- Workshops, training and consultation for parents and professionals
- Practicum placement site for Bachelor and Masters level students

PROGRAM FEATURES:

- Confirmation of pre-natal exposure to alcohol is required for service
- Services delivered to children and youth, birth to age 18 and their families
- Parents and community agencies can make referrals to the program
- Services are provided free of charge and are Winnipeg based
- Parenting and Teen groups are available for families currently involved with the program or those on the wait list for service
- Visit our website for more information and helpful resources

www.newdirections.mb.ca/fasd

Working together to support children and youth with FASD



QUESTIONS ABOUT FASD?

For information about FASD resources in your community related to prevention, assessment, and support, please visit:

Manitoba's FASD Strategy
Department of Families at:
www.gov.mb.ca/fs/fasd/

For questions, or to order copies of their resources.

Email:

FASDinfo@gov.mb.ca

For **FASD Family Support, Education and Counselling Program** information and resources, please visit our website at:

www.newdirections.mb.ca/fasd

HOW CAN I CONTACT THE FASD FAMILY SUPPORT, EDUCATION AND COUNSELLING PROGRAM

FASD Family Support, Education and Counselling Program

Unit 10-254 Stella Walk
Winnipeg, Manitoba R2W 2T3

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Email: FASD@newdirections.mb.ca

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FASD FAMILY SUPPORT, EDUCATION AND COUNSELLING PROGRAM



Working with families and the community to support children and youth with Fetal Alcohol Spectrum Disorder