

## Training Resources for Youth (TRY)

The TRY Program has been part of the Winnipeg community since 1978. It is focused on providing case management, pre-employment services for youth 16–21 who are not attached to the school system. Multiple barriers prevent their attachment to the labour force.

### Target Group:

- Youth 16-21 years of age
- Not attached to the school system
- Multiple barriers to school or employment

### Objective:

- Improve life skills
- Develop pre-employment and employment skills
- Attach to school or the labour force

### Application/Referral Process:

- Youth can self-refer
- Applications are accepted from all service providers in the community
- Applications are available on line at the New Directions web site [www.Newdirections.mb.ca](http://www.Newdirections.mb.ca) under training and employment programs
- They can be picked up at 717 Portage Avenue, or we will email or fax them. Call 204-786-7051 ext. 5256 to enquire

### Services Offered:

- Comprehensive intake including biopsychosocial assessment
- In-class curricular activities related to program objectives
- Culturally aligned spiritual practice
- Literacy assessment and upgrading
- Recreational activities
- Work experience opportunities
- Addictions and anger management counselling
- Emergency First Aid and CPR
- Grade 9 Career development school credit