

*Transition
Education, and
Resources for
Females*

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CHILD EXPLOITATION is the act of coercing, luring, trafficking or engaging someone under the age of 18 into performing a sexual act or becoming involved in the sex trade or pornography – with or without the child’s consent – in exchange for money, drugs, shelter, food, protection or other necessities.

The Manitoba Strategy Responding to Children and Youth at risk of, or survivors of, Sexual Exploitation.



For more information on the exploitation of children and youth in Manitoba, go to:

www.stopsexwithkids.ca

Since 1986, TERF has been providing healing and transition support to individuals who have been exploited through the sex trade.

OUR GOAL

To provide a safe, supportive, learning environment for children, youth, women and transgender individuals who have been exploited/trafficked through the sex trade.

OUR APPROACH

At TERF, we use a combination of approaches to help participants achieve their goals. Our programs are participant-directed and delivered through a holistic healing model of balancing the spiritual, mental, physical and emotional needs of individuals.

- **Indigenous culture and heritage**
We believe participants have an inherent right to knowledge that is of their identity. Cultural programming in TERF is an intrinsic aspect of our approach.
- **Harm reduction**
We assist participants to identify harmful behaviours and develop plans to reduce harm and identify safer alternatives.
- **Strength-based**
We recognize that TERF participants are the experts of their own lives and have many strengths and gifts to build upon.
- **Stages of change**
We understand that change and transition is a difficult process. Services and resources are delivered based on which stage a participant is in.

Youth program ages 13 to (18+ extension of care)

- specialized educational programming to teach life skills, English and math skills and help participants earn high school credits
- case management advocacy and treatment planning
- vocational planning
- stabilization and skill enhancement in the areas of safety, pro-social development, mental health and addictions
- recreational, cultural and education activities
- support and resources for caregivers

Mentor program ages 20 and under

- intensive one-to-one transition support
- vocational planning
- stabilization and skill enhancement in areas of addictions, safety, life skills, and pro-social skill development
- recreational, cultural and educational activities
- case management, advocacy and treatment planning
- support and resources for caregivers

Adult program ages 18 and up

- Case management, advocacy and treatment planning
- Classes in personal development, healing, life skills, and culture
- Credit courses available
- Attendance incentives
- Vocational planning



*Ta Ka Ke Pimatisichik Iskwewak**

"Letting in the Light for Women"

Transition House (*Pakaan Tisipimatisichik Iskwewak*) ages 16 to 20

- 6 private bachelor suites in a 24hr. supported living environment
- On site case management, advocacy and treatment planning
- Intensive transition support
- Programming in personal development, healing, life skills & culture

OUR TRAINING

Understanding and Working with Sexually Exploited Children and Youth

Training is available for front-line staff who work with or care for sexually exploited children and youth (e.g. social workers, educators, health care providers, probation officers and police officers.) The training is delivered in two separate modules:

Module 1: Awareness

Module 11: Intervention strategies

Kapaapako Miikiwaap

Kapaapako Miikiwaap (Lodge teachings) is a culturally-sensitive curriculum that focuses on preventing the sexual exploitation of children and youth. A four-day course on how to deliver this curriculum to children and youth in your community or school is available.

Both trainings are provided in Winnipeg and throughout the province.

*Cree name given through Sweat Lodge Naming Ceremony on Oct 3, 2009

**To find out more about
TERF and the Training contact:**

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- Manitoba Justice
- Manitoba Families
- Manitoba Education

TERF is a program of New Directions



NEW DIRECTIONS

FOR CHILDREN, YOUTH, ADULTS & FAMILIES

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