



Changing Lives in Your Community



DISCOVER A NEW DIRECTION

Remember that each of us touches the lives of those around us.

Healthier, happier children, youth, adults and families mean healthier, happier communities.

You can help make your community stronger, starting with yourself... and with New Directions.



NEW DIRECTIONS
FOR CHILDREN, YOUTH, ADULTS & FAMILIES

Equipping Children, Youth, Adults & Families for a Better Life



NEW DIRECTIONS:

- Offers services in a culturally competent manner
- Honours the unique gifts and talents of the people with whom we work and the staff who deliver our services
- Continually improves its service delivery
- Develops relationships and partnerships that contribute to the well-being of the people with whom we work
- Is accountable in all its actions

NEW DIRECTIONS FOR CHILDREN, YOUTH, ADULTS & FAMILIES

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NEW DIRECTIONS
FOR CHILDREN, YOUTH, ADULTS & FAMILIES

Charitable Registration # 13053 1114 RR0001



Services & Support



AT NEW DIRECTIONS, we provide a wide range of services that encompass a multitude of areas that can affect people's lives. Some use one service, others may use many. Regardless of how many services someone uses, we're here to provide support as people take steps to improve their lives – and through them, the lives of others in the community.

COUNSELLING, ASSESSMENT, SUPPORT & PREVENTION PROGRAMS

- Family Therapy
- Families Affected by Sexual Assault (FASA)
- FASD Family Support, Education and Counselling Program
- Opikihiwawin ~ Aboriginal cultural activities for adoptee/fostered participants
- Multi-disciplinary Assessment and Consultation Centre (MACC) ~ Provide psychological assessments to assist with determining eligibility for other services, and functional assessments to address any diagnosable learning, emotional, physical or sensory disabilities
- The Parenting Centre
 - Parent Support Groups
 - Drop-In Counselling Service
 - Help for Parents

TRAINING & EDUCATIONAL PROGRAMS

- Training Resources for Youth (TRY)
- Resources for Adolescent Parents (RAP)
- Transition, Education and Resources for Females (TERF) Working with youth and adults exploited by the sex trade
- Alternative Solutions Day Service ~ Six programs following a person-centred approach to offer education, recreation and work experience opportunities to participants with intellectual disabilities and/or mental health concerns



RESIDENTIAL & SUPPORT PROGRAMS

- Family Connections ~ Offers a continuum of person-centred, family focused supports rooted in values of community and self-determination.
- Community Treatment Homes and My Home Programs ~ Homes providing safe, supportive treatment services for children and youth in care
- Deaf Support Services ~ Providing support to Deaf and Hard of Hearing children and youth in the care and to Deaf and Hard of Hearing adults in need of residential and/or daily living support
- Supported Apartment Living (SAL) ~ Providing individualized community living supports for adults with special needs
- Empowering People in the Community (EPC) ~ Supported family and/or independent living situations for individuals with intellectual disabilities, mental health issues or neurological disorders
- Shift-Staffed Homes ~ Community residences providing intensive supports to adults with intellectual disabilities