

Take a Chance, Make a Difference

Have the opportunity to work in an
Internship!

- Administrative Services
- Warehouse Services
- Construction
- Animal/Plant Care
- Sales
- Health Care
- Protective Services
- Food Industry

Make a difference — provide
employers with your newly
learned skills!



Work Experience Skills Training
(WEST)

Case Manager

500-717 Portage Avenue
Winnipeg, MB R3G 0M8

Phone: 204-786-7051 ext: 5256

Fax: 204-774-6468

E-Mail:

TRY@newdirections.mb.ca

www.newdirections.mb.ca

WEST is funded by
Service Canada



IN-CLASS TRAINING

+

**HANDS-ON
EXPERIENCE**

=

YOU

The Work Experience
Skills Training
Program
(WEST)

4 Weeks of In-Class Training Include:

Essential Skills

- Reading Work Related Text
- Document Use
- Numeracy
- Writing
- Oral Communication
- Working with Others
- Thinking Skills
- Computer Use
- Continuous Learning

Employability Skills

- CPR Training
- Teamwork
- Responsibility
- Adaptable
- Self Esteem
- Participation in Projects and Tasks
- Positive Attitude and Behaviour

Work Experience

- Be mentored throughout your on-the job experience
- Be provided with a job title and description
- Get knowledge as to where to improve your skills and what skills that are great already
- Talk with a case manager on a weekly basis
- Have a full or part time position at the end of the work experience



Actual WEST participant, Shawn T. now works with a construction company.

Why WEST?

- Become a responsible and confident employee
- Become a productive member of a business
- Be part of a diverse workforce
- Be an Empowered Youth

Contact us TODAY!

WEST Case Manager
500-717 Portage Avenue
Winnipeg, MB R3G 0M8
Phone: 204-786-7051 ext. 5256
Fax: 204-774-6468

E-Mail:
TRY@newdirections.mb.ca