



NEW DIRECTIONS

FOR CHILDREN, YOUTH, ADULTS & FAMILIES

FASA

GUIDELINES FOR PARENTS & CAREGIVERS OF CHILDREN WITH SEXUAL BEHAVIOR PROBLEMS

Dealing with children with sexual behavior problems is challenging. We believe that parents/caregivers can draw on resources that they have used to deal with other problems. The following are specific guidelines for supervision that we have found to be helpful. They help reduce the risk of further incidents occurring which would be harmful for both your own child and other children.

- Direct and constant supervision is essential at all times other children are present. Children need to be in your line of vision at all times.
- All bathroom and changing activities should be done separately from others. This includes keeping the door closed during these activities.
- Children should not sleep with other children or adults. Ideally, the child should have his/her own bedroom.
- Sleepovers with other children are not recommended.
- Be aware and monitor all television, movies, and internet activities. Programs with mature or adult content should be avoided.
- Inform others of the need for supervision. Everyone does not need to know about the touching problem. People that care for the child or have regular contact with the child should be aware of the problem so that they can help maintain the supervision plan.
- Babysitting, or placing your child in charge of younger children should not occur.
- This degree of supervision is quite difficult. Support for parents/caregivers is helpful.