



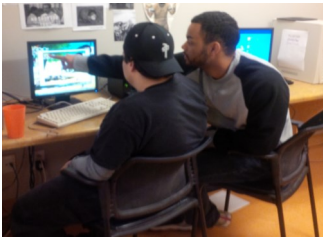
ALTERNATIVE SOLUTIONS DAY SERVICES KRIYA PROGRAM

OUTLINE: Within the Teragy, Transition, and SAID programs, specific participants were demonstrating difficulty coping with busy, stimulating environments. Alternative Solutions management decided to design a program that would address the sensory needs of these participants within an environment that was conducive for learning. In September of 2004 the Kriya (meaning action and awareness) Program was established.

STAFFING: Staff to participant ratio is designed to provide intensive supports and address the needs of this population. A 1 to 2 staff -to- participant ratio varies based on many factors including the nature of the activity, individual behaviors, physical abilities and individual preferences. One-on-one facilitation for specific programming is also a component of this Day Program. Staff have received specific training in sensory processing disorders, autism and sensory treatment protocols.

LOCATION: Our program locations are 400-1615 Regent Avenue. The area is designed to meet the sensory needs of the participants and is wheelchair accessible.

PROGRAM STRUCTURE: Components of the program include but are not limited to:



Computers



Recycling



Delivering Flyers

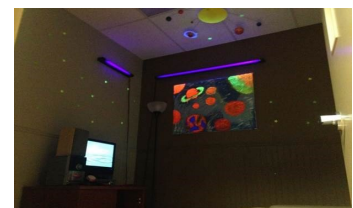
- Sensory Programming
- Social Skill Development/Maintenance
- Physical Activity
- Recreation/Leisure
- Cooking Classes
- Work Experience
- Life-Skills Classes
- Multi-Sensory Environments
- Computer Programs
- Community Exposure & Participation
- Pre-Literacy/Literacy Activities
- Arts Expression (Visual, Musical and Dramatic)



Sailing at Fort Whyte



Sleigh Ride at Bird's Hill Park



Multi Sensory Room

TRANSPORTATION: Arranged by Community Services.

CONTACT INFORMATION: Alternative Solutions Day Services: 500 – 717 Portage Ave, Winnipeg, MB, R3G 0M8. Ph: 204-786-7051, Fax: 204-774-6468. Or visit Alternative Solutions Day Services at www.newdirections.mb.ca