

**NEW DIRECTIONS FOR CHILDREN, YOUTH, ADULTS AND FAMILIES
PROGRAM REFERRAL INFORMATION**

www.newdirections.mb.ca

COUNSELLING, ASSESSMENT, SUPPORT, AND PREVENTION PROGRAMS

PROGRAM	SERVICE	CONTACT	REFERRAL
Family Therapy	<ul style="list-style-type: none"> ▶ Therapy for any family within Winnipeg or vicinity; consultation; family systems training for front line workers; teen group; outreach support, consultation, Support Group for Parents of High Risk Youth – Ongoing group that provides peer support, advocacy, and counselling for parents and families of adolescents wrestling with emotional or behaviour issues. 	Administrative Assistant Ph: 786-7051 ext. 5269	Self or Agency
Families Affected By Sexual Assault (FASA)	<ul style="list-style-type: none"> ▶ Therapy services for children and families affected by third party sexual assault; ▶ Training and consultation for parents, caregivers, and service providers regarding sexual assault; ▶ Child must be under 18, recent disclosure, offender someone other than parent/caregiver or sibling. ▶ Consultation and therapy for children (under 12) and their families where the child has exhibited sexual behaviour problems. 	Administrative Assistant Ph: 786-7051 ext. 5262 No waiting list for FASA Waiting list for SBP	Self or Agency
Parenting Centre	<ul style="list-style-type: none"> ▶ Counselling, play therapy, groups (Triple P, Attachment and other), community outreach, family therapy, and support to access resources information around parenting and family issues. Intensive home counselling focused on prevention of abuse and neglect. Training site for social work and related fields. Training for parents and daycares experiencing difficulties with young children. 	Program Coordinator Ph: 786-7051 ext. 2523	Self, Agency or Professional
FASD Family Support, Education and Counselling Program	<ul style="list-style-type: none"> ▶ Home based support services to families with children 0-14 who have been prenatally exposed to alcohol. ▶ Support for collateral agencies involved with families and children to understand FASD. ▶ Presentations available to communities, groups, and professionals. 	Ph: 582-8658 Email: IFASD@newdirections.mb.ca	Self or Agency
Opikihiwawin	<ul style="list-style-type: none"> ▶ Cultural activities for adoptee/fostered participants including leadership, drum groups, art classes. Education and support for non-Indigenous parents who have adopted or are fostering Indigenous children. 	Project Coordinator Ph: 786-7051 ext. 2201	Self or Agency
Multi-disciplinary Assessment and Consultation Centre (MACC)	<p>Provide clinical services that include psychological and occupational therapy assessments, consultation, therapy and training.</p> <p>May assist with a) determining eligibility for other services, b) functional assessments to address any diagnosable learning, emotional, physical and/or sensory disabilities.</p> <p>Provide person-centred report and summary.</p> <p>Fee for services (Note: some insurance plans or funder may cover assessment costs).</p>	Administrative Assistant Ph: 786-7051 ext. 5340	Self, School, CFS Authorities, Professional

TRAINING AND EDUCATIONAL PROGRAMS

Training Resources for Youth (TRY)	<ul style="list-style-type: none"> ▶ 6-week pre-employment program for young people ages 16 to 19. Life skills training, job search training, work experience, counselling, support, advocacy, educational assessment, work incentive. There is a screening interview. Individuals must not be attending school or employed. 	Phone: 786-7051 ext. 5256 to inquire about training groups.	Self or Agency
Resources For Adolescent Parents (RAP)	<ul style="list-style-type: none"> ▶ Gordon Bell Off-Campus high school classroom September-June, individual support including counselling, cultural programming, parenting, advocacy, summer program. ▶ Anyone under 18 who is pregnant or parenting and wants to be in school 	Program Coordinator Ph: 786-7051 ext. 2205 ext. 201 Continuous intake.	Self or Agency or Professional
Transition, Education, And Resources For Females (TERF)	<p>Education, transition, holistic healing for youth, women and transgender who have been sexually exploited through the sex trade. Mentor/Youth: ages 13– 20, adult 18 +. Training for service providers & others who work with this population is available.</p> <p>The TERF Transition House.....24 hours residential support for youth transitioning to 2nd stage housing for ages 16 - 20</p>	Administrative Assistant. Ph: 786-7051 ext. 5311	Self or Agency

DAY PROGRAMS (continued)

PROGRAM	SERVICE	CONTACT	REFERRAL
Alternative Solutions Day Service	<ul style="list-style-type: none"> ▶ Provides day service supports in the areas of work experience, education (literacy, communication, life skills, etc.) and recreation for youth and adults living with an intellectual disability, some of whom may be Deaf or hard of hearing. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: 786-7051 ext. 2131	Family Services, Special Services, Mental Health, and School Divisions

RESIDENTIAL AND SUPPORT PROGRAMS

Child Centred Services (CCS)	<ul style="list-style-type: none"> ▶ Provides specialized residential services for high needs children and youth, ages 8 to 17, in CFS care. The main goal is to offer a home environment where the child or youth can develop a sense of belonging and has opportunities to engage in a meaningful life, experience healing, a healthy development, and pursue his or her goals and dreams. The 3 programs in CCS include: ▶ Community Treatment Centres: homes for level IV or Level V children ages 8 to 12 or youth ages 13 to 18. ▶ My Home: one-bed homes for Level V children and youth that have exhausted other residential options. ▶ Roots: specialized case management and supports to transition children from CTC or My Home back to their family or community. 	Program Manager Ph:786-7051 ext. 5279	Provincial Placement Desk
Family Connections (formerly Bridges, Treatment Resources And Individualized Living Supports (TRAILS) and RSFC)	<p>Offers a continuum of person-centred, family focused supports rooted in values of community and self-determination.</p> <ul style="list-style-type: none"> ▶ Provides clinical case management supports for children in care and their families; as well as children, youth, and adults labelled with an intellectual disability. ▶ Offers individualized care-provider/home share services for children, youth and adults. ▶ Assists in the development of new skills to increase independence and/or reduce barriers to support youth with transitioning to independent living. ▶ Provides in-home supports to individuals and their families within their community. ▶ Those referred must be eligible for appropriate levels of funding. Children/youth must be Level IV to be considered.-determination throughout Manitoba. 	Family Connections Program Coordinator or Phone: 786-7051 ext. 5351 Fax: (204) 774-6468	Manitoba Family Services Children: Provincial Placement Desk, Federally funded participants may be referred directly. Adults: Community Living disability Services
Supported Apartment Living Program (S.A.L.)	<ul style="list-style-type: none"> ▶ Broad spectrum of community based services including: 1:1 shifts, life skills, health & disability management, recreation, clinical support, meal programs, outreach assistance, and assessment services available. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: 772-7257 Fax: 786-2686	Self, Manitoba Family Services and WRHA
Empowering People In The Community (E.P.C.)	<ul style="list-style-type: none"> ▶ To promote, support, and facilitate community-based, own family or independent living situations for individuals with mental disabilities, mental health issues, or neurological disorders 	Program Manager Ph: 786-7051 Fax: 774-6468	CFS Authorities, Family Services, or WRHA
D.E.A.F Support Services	<ul style="list-style-type: none"> ▶ Provides residential support to Deaf and Hard of Hearing children and youth in CFS care and to adults with eligible for residential and/or daily living support programs in an American Sign Language environment. Services include support and case management for individuals in foster placements, living with their family, or in independent living. ▶ Kai Na Quiniget is a staffed home for Deaf and hard of hearing children and youth in care. 	Program Coordinator Ph: 786-7051 ext. 5222; Fax: 779-8190 D.E.A.F.@ newdirections.mb.ca	CFS Authorities, Family Services, WRHA, Provincial Placement Desk
Shift-Staffed Homes	<p>SSH supports individuals in community homes. The homes are staffed 24 hours a day to provide continuous care and supervision for adults with intellectual/physical disabilities. Those referred must be eligible for appropriate levels of funding.</p>	Program Manager Ph: (204) 261-8778 Fax: (204) 275-0450	Family Services, Province of Manitoba