

ALTERNATIVE SOLUTIONS DAY SERVICES
RESOURCE DEPARTMENT

OUTLINE: The Alternative Solutions Resource Department encompasses direct and consultative services to address the needs and goals of participants within the 6 different programs. Using a person-centered approach, our trained Instructors offer both structured group activities and individualized learning opportunities tailored to each specific program.

STAFFING: The following lead positions are included in the Resource Department:

- * 2 Life and Social Skills Instructors
- * 1 Literacy and Communication Instructor
- * 1 Sensory Programming Facilitator

Core responsibilities for each of these positions are assessment, development and implementation of strategies for each program and identified participants. Direct teaching methods and coordination of individualized goal planning for participants while consulting with the team members at each location are used.

LOCATION: The Resource office and library are located at 1680 Ellice Avenue.

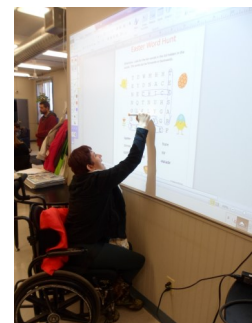
CURRICULUM DEVELOPMENT: All activities and individualized learning opportunities are developed to meet participants' needs and interests. Information is presented through a variety of creative methods to accommodate different abilities and learning styles, such as:

- PowerPoint presentations
- Interactive white board activities
- Visual materials (flashcards, charts, graphs)
- Hands on activities (worksheets, crafts, games)
- IPAD activities and personal communication apps



Group Activity

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Interactive white board

ACTIVITY CONTENT: Examples of activities include but are to the following:

- Self-awareness and anger management
- Social skills out in the community
- Healthy relationships and sexuality
- Roots of Empathy program
- Word recognition and guided reading
- Spelling and typing development
- Novel study and creative writing
- Tactile activities and sensorimotor exercises
- Yoga and self-regulation techniques
- Cultural awareness activities and outings



Roots of Empathy Class



1-1 with Sensory Instructor



Group Outing (Pan Am Torch Run)

CONTACT INFORMATION: Alternative Solutions Day Services: 717 Portage Avenue, Wpg, Mb, R3G 0M8. ASDS@newdirections.mb.ca; or visit Alternative Solutions Day Services at www.newdirections.mb.ca