Sexuality Education Resource Centre

Sexuality and Intellectual/Developmental Disabilities Resource List

Resources for Parents

SERC call No.: 3.13 HIN

SERC call No.: 3.13 MEL

SERC call No.: 3.13 BAB

Sexuality and Your Disabled Child: For one and all, Sue Mcleod, 1985.
SERC call No.: 3.13.11 MAC

Curricula

Teaching photos, 12 videos, colored circles floor mat, laminated icons, and guide for education about social distance, relationships, and levels of intimacy.

SERC call No.: 3.13 COL

For use with adolescents and adults. SERC call No.:3.13.1 COW

Eight booklets for young adults on such topics as body changes, masturbation and privacy, pregnancy, STIs, intimacy, and sexual hurting. May need to be read to/with the child/client. SERC call No. 3.13 SPD

A program promoting positive sexuality and preventing sexual abuse for adults with developmental disabilities.
Staff Background and Training

The Ethics of Touch, David Hingsburger & Mary Harber, 1998.
Establishing and maintaining appropriate boundaries with people with developmental disabilities. Two videos and manual. SERC call No. 3.13.1HAR

First Contact: Charting inner space with people who have significant disabilities, David Hingsburger, 2000. Ideas for establishing contact with people who have significant disabilities. SERC call No. 3.13.1HIN

Just Say Know!, David Hingsburger, 1995.
Explores the victimization of people with disabilities and helps reduce the risk of sexual assault. SERC call No. 3.13.1HIN

An examination of the dynamics of power in human services. SERC call No. 3.13.1HIN

Promoting Healthy Sexuality and Social Skills Development for Children and Young People with Disabilities, Barbara J. Bain, ---.
Teaching tips and resource listings. 1-800-331-1533. SERC call No.: VF3.13Dis

Background reading on sexual health issues for service providers working with PWI/DD. SERC call No.: 3.13.1

A comprehensive training guide for professionals helping people with disabilities that hinder learning. SERC call No.: 3.13 SPD

Talking Sex! Practical approaches and strategies for working with people who have developmental disabilities when the topic is sex, Lisa T. Maurer, 1999.
Rationale, overview, presentation notes and transparency masters. SERC call No.3.13.1MAU
Additional Resources…


Janet’s got her period, Ricci Swart, 1990. Video with storybook, resource book; provides practical guidelines for dealing with menstruation; video gives demo of changing a pad. (Australian)

Hygiene, James Stanfield Co., 1996. Four good videos on personal hygiene, ie. shower, teeth, dress (20 mins. each).

#1 physiological and emotional aspects of being male and female 
#2 moral, social and legal aspects of sexuality

Smart Trust: essential information about life for persons with special needs, James Stanfield Co., 1992. Strategies to avoid financial, social, physical and emotional exploitation. Includes appendix on scams, authority, shoplifting, etc.

TIPS: Telling it plain and simple, Mary Harber, 199--. Tips for parents and for the classroom.